

## DISCUSSION QUESTIONS

*The following questions help us dialog with the sermon, music, and liturgy in this morning's worship service. Together, these elements provide space for reflection and prayer during personal devotions, group studies, and family worship.*

1. How would you define anxiety?
2. Why do you think Jesus addresses anxiety in His sermon?
3. How does anxiety impact our thought process and our decision making?
4. What strikes you when you hear what Jesus said about anxiety?
5. What was making those in His audience anxious? What makes you anxious? What are you most anxious about right now?
6. How can we take Christ's words to heart and address the anxiety in our lives?
7. How have you experienced the power of the Father's care over you?