

DISCUSSION QUESTIONS

The following questions help us dialog with the sermon, music, and liturgy in this morning's worship service. Together, these elements provide space for reflection and prayer during personal devotions, group studies, and family worship.

1. What is fasting? Why would God lead His people to fast?
2. What is the wrong way to engage in fasting or any spiritual discipline (Matthew 6.16)?
3. What is the right way to engage in fasting or any spiritual discipline (Matthew 6.17-18)?
4. What role did fasting play in the life and ministry of Jesus (Matthew 4.1-4)?
5. Did Jesus expect His disciples to fast (Matthew 6.16-18, 9.14-15)?
When and why?
6. What are the greatest enemies to our hunger for God?
7. How might the Lord use fasting to (a) teach us about ourselves, (b) help us engage in His mission, and (c) grow our longing for His return?
8. What is the ultimate reward for fasting? How is fasting a form of feasting?