

From: Steven Sinofsky <[REDACTED]>
To: Jeffrey Epstein <jeevacation@gmail.com>
Subject: Re:
Sent: Wednesday, December 11, 2013 12:44:42 AM

I did vitamin b "super B complex". I think it helped. My theory is it reduces binding to red blood cells. It might just be faking the test or helping.

They recently lowered the thrreshhold for a1c as well. Now I'm thinking they don't know what it means.

What's your a1c and fasting glucose?

Sent from Windows 8.1

From: [Jeffrey Epstein](#)
Sent: Tuesday, December 10, 2013 4:31 PM
To: [Steven Sinofsky](#)

[REDACTED] said you experimented with reducing your pre diabietc h1c reactive ? how?

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