



LESSON TWO • "ACTING LIKE MEN AT HOME: BEING HUSBANDS"
1 Corinthians 16:13-14; Ephesians 5:25-33
Robby Higginbottom | June 16, 2026

1 Corinthians 16:13-14

¹³ Be watchful, stand firm in the faith, act like men, be strong.

¹⁴ Let all that you do be done in love.

Ephesians 5:25-33

²⁵ Husbands, love your wives, as Christ loved the Church and gave Himself up for her, ²⁶ that He might sanctify her, having cleansed her by the washing of water with the word, ²⁷ so that He might present the Church to Himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.

²⁸ In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the Church, ³⁰ because we are members of His body.

³¹ "Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." ³² This mystery is profound, and I am saying that it refers to Christ and the church.

³³ However, let each one of you love his wife as himself, and let the wife see that she respects her husband.



Scan QR code to register for Tuesday Morning Men's Bible Study.

DISCUSSION QUESTIONS

1. Compare and contrast the world's view of marriage and the Bible's view of marriage.
2. How has the world's view of marriage impacted the way we think about women, marriage, and/or being a husband?
3. Why is marriage so important to God?
4. What do we learn about being a husband from Jesus in Ephesians 5:25-33?
How does Jesus relate to His Church? (v. 25)
Why did Jesus love the Church and give Himself up for her? (v. 26)
What is His ultimate goal for the Church? (v. 27)
How connected is Jesus to His people? (vv. 30-32)
5. How has Jesus done for you what we described in Question 4? Be specific.
Why is it significant that we are the Bride of Christ before we are the husband to a wife?
6. Through this passage in Ephesians 5, what kind of men is God calling us to be?
How is God calling us to use our authority in marriage?
How is God reframing our idea of what it means to love a wife?
How do we need to grow in order to be part of God's sanctifying work in a woman's life?
What needs to be true about us if we are going to "nourish and cherish" a wife?
What is required of us to forge and maintain a "one flesh" union with a woman?
7. Whether we're married or not, how do the commands of 1 Corinthians 16:13-14 call us forward as men in this aspect of our lives? (*Be watchful. Stand firm in the faith. Act like men. Be strong. Let all that you do be done in love.*)
8. Why is marriage a beautiful picture of the gospel of Jesus Christ?
What aspect of this picture gets your attention this morning?

IF YOU WANT TO GO DEEPER...

Reflect on the questions above.

Ask the Lord, "What do you want me to know? What do You want me to do?"

Memorize 1 Corinthians 16:13-14 and Ephesians 5:25.

Continue this conversation with another man in your life.

Read a book like Richard Phillips' *The Masculine Mandate*.

Read and meditate on Deuteronomy 6:4-7 and Ephesians 6:4 before next Tuesday.

We'll focus on what it means to act like men as fathers.