



## **Lesson Eight: Covenant Life**

**1 Timothy 2:5, Galatians 3:16, Galatians 3:26-29**

**Jonty Rhodes | October 28, 2025**

### **1 Timothy 2:5**

<sup>5</sup> For there is one God, and there is one mediator between God and men, the man Christ Jesus,

### **Galatians 3:16**

<sup>16</sup> Now the promises were made to Abraham and to his offspring. It does not say, "And to offsprings," referring to many, but referring to one, "And to your offspring," who is Christ.

### **Galatians 3:26-29**

<sup>26</sup> for in Christ Jesus you are all sons of God, through faith. <sup>27</sup> For as many of you as were baptized into Christ have put on Christ. <sup>28</sup> There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus. <sup>29</sup> And if you are Christ's, then you are Abraham's offspring, heirs according to promise.



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## Discussion Questions:

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1. How were Old Testament believers saved according to 1 Tim 2:5?
2. Why and in what ways is Jesus the true 'offspring' of Abraham?
3. How can we also be offspring of Abraham?
4. What's the difference between 'Christ For Us' and 'Christ In Us'?
5. How would you explain the place of the Holy Spirit in covenant theology?
6. How does covenant thinking help us understand the shape of Christian obedience, and the place of the law in the Christian life?