



**Lesson 13: The Battle for Joy and Peace**  
**Philippians 4:4-9**  
**Robby Higginbottom | April 22, 2025**

**Philippians 4:4-9**

<sup>4</sup> Rejoice in the Lord always; again I will say, rejoice. <sup>5</sup> Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup> do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup> Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. <sup>9</sup> What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

**Habakkuk 3:17-18**

<sup>17</sup> Though the fig tree should not blossom,  
nor fruit be on the vines,  
the produce of the olive fail  
and the fields yield no food,  
the flock be cut off from the fold  
and there be no herd in the stalls,  
<sup>18</sup> yet I will rejoice in the Lord;  
I will take joy in the God of my salvation.

## Discussion Questions:

---

1. What circumstances make it difficult for us to rejoice in the Lord?  
Why can Paul command us to rejoice in the Lord *always*? (v. 4)
2. How reasonable or gentle are we in the face of opposition? (v. 5)  
Why does our response in these moments matter?
3. What makes us anxious? What does anxiety reveal about us? (v. 6)
4. Why is prayer the weapon to battle anxiety? (v. 6)  
What promise does Paul attach to this kind of prayer? (v. 7)
5. What do we think about that we should think about less?  
What do we *not* think about that we should think about more? (v. 8)
6. Why must the Christian life go beyond thinking? (vv. 8-9)
7. Whom are we seeking to follow and imitate?  
Are our lives worthy of imitation? (v. 9, see 1 Cor. 11:1 and Phil. 3:17)
8. What is the connection between “practice” and God’s presence?  
(v. 9, see John 14:15-21.)



Please scan to register

## Upcoming Opportunities

### Solitude Saturday

Saturday, April 26, 9:00-11:30 a.m., PCPC

No registration needed.

### Tuesday Morning Men’s Bible Study

Our Spring study will conclude on May 6.

Our Summer study will begin on June 10 and run for 6 consecutive weeks (ending July 15).

We will be focusing on what God’s word says about our work.

We hope this will be a blessing to men as we seek to glorify God in our work.