



Lesson Eleven: Jonah's Prayer for Rescue Jonah 1:17 - 2:1-10

David Williams – November 29, 2022

¹⁷ And the LORD appointed a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.

² Then Jonah prayed to the LORD his God from the belly of the fish, ² saying,

"I called out to the LORD, out of my distress,
and he answered me;
out of the belly of Sheol I cried,
and you heard my voice.

³ For you cast me into the deep,
into the heart of the seas,
and the flood surrounded me;
all your waves and your billows
passed over me.

⁴ Then I said, 'I am driven away
from your sight;
yet I shall again look
upon your holy temple.'

⁵ The waters closed in over me to take my life;
the deep surrounded me;
weeds were wrapped about my head

⁶ at the roots of the mountains.
I went down to the land
whose bars closed upon me forever;
yet you brought up my life from the pit,
O LORD my God.

⁷ When my life was fainting away,
I remembered the LORD,
and my prayer came to you,
into your holy temple.

⁸ Those who pay regard to vain idols
forsake their hope of steadfast love.

⁹ But I with the voice of thanksgiving
will sacrifice to you;
what I have vowed I will pay.
Salvation belongs to the LORD!”

¹⁰ And the LORD spoke to the fish, and it vomited Jonah out upon the dry land.

Discussion Questions:

1. Are there those who I find ‘unworthy’ of God’s grace?
2. Do I find some of these worthy of justice?
3. Are there times when it seems we resort to prayer as a last resort?
4. Has the Lord used trouble and difficulty in your life to bring prayerlessness to an end?
5. In what ways have I experienced God’s mighty power – even in my disobedience?
6. Do I turn to the Lord for mercy when I’ve blown it, or continue on to the bitter end?