



Lesson 1: Blessed is the Man

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Tuesday Morning Men's Bible Study

Park Cities Presbyterian Church

June 15, 2021

Psalm 1

- 1** Blessed is the man
 who walks not in the counsel of the wicked,
nor stands in the way of sinners,
 nor sits in the seat of scoffers;
2 but his delight is in the law of the LORD,
 and on his law he meditates day and night.
- 3** He is like a tree
 planted by streams of water
that yields its fruit in its season,
 and its leaf does not wither.
In all that he does, he prospers.
- 4** The wicked are not so,
 but are like chaff that the wind drives away.
- 5** Therefore the wicked will not stand in the judgment,
 nor sinners in the congregation of the righteous;
- 6** for the LORD knows the way of the righteous,
 but the way of the wicked will perish.

Table Discussion Questions:

1. Psalm 1 describes two ways of living. What are they? How do you know which path you are on?
2. Who does “the wicked” refer to? What are some ways that you listen to the counsel of the wicked?
3. What is chaff? What does this tell us about God’s judgment over wickedness?
4. What does it look like to delight in the Law of the Lord?
5. What image does Psalm 1 give us for meditation? Do you see the Word of God as your food? Where else do you go to satisfy your appetite?
6. What does Psalm 1 have to do with John 15:1-11? How does meditating on the Word of God help us to abide in Christ?