The Supremacy of Christ Over Temptation

Hebrews 2:18; Matthew 4:1-4; Matthew 4:5-6; Matthew 7-10
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Tuesday Morning Men's Bible Study
Park Cities Presbyterian Church
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Hebrews 2:18

For because he himself has suffered when tempted, he is able to help those who are being tempted.

Matthew 4:1

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² And after fasting forty days and forty nights, he was hungry. ³ And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴ But he answered, "It is written,

"'Man shall not live by bread alone, but by every word that comes from the mouth of God."

Matthew 4:5

Then the devil took him to the holy city and set him on the pinnacle of the temple ⁶ and said to him, "If you are the Son of God, throw yourself down, for it is written,

"'He will command his angels concerning you,'

and

"'On their hands they will bear you up, lest you strike your foot against a stone."

Matthew 4:7

Jesus said to him, "Again it is written, 'You shall not put the Lord your God to the test.'" ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. ⁹ And he said to him, "All these I will give you, if you will fall down and worship me." ¹⁰ Then Jesus said to him, "Be gone, Satan! For it is written,

"'You shall worship the Lord your God and him only shall you serve."

Table Discussion Questions:

- 1. What does it mean to be tempted? What does temptation teach us about human nature?
- 2. What are some of the most common temptations that we experience as men? What does this reveal about our identity as men?
- 3. What is the difference between shame and conviction? How does shame make us vulnerable to temptation? How does conviction lead us to the cross of Christ?
- 4. How is every temptation a lie? What does it look like to combat the lies of temptation with the truth of Scripture?
- 5. What does temptation have to do with worship? How might the worship of God be a weapon against temptation?
- 6. Have you ever experienced victory in the midst of temptation? How did Christ help you when you were being tempted?