

A Prayer for Spiritual Strength

Ephesians 3:14-21

Matt Fray

Tuesday Morning Men's Bible Study

Park Cities Presbyterian Church

March 19, 2019

Ephesians 3:14-21

¹⁴ For this reason I bow my knees before the Father, ¹⁵ from whom every family in heaven and on earth is named, ¹⁶ that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, ¹⁸ may have strength to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹ and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

²⁰ Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, ²¹ to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Table Discussion Questions:

1. Have you ever experienced a season of spiritual weakness? If so, describe what it was like.
2. What are some common obstacles to prayer in your life? According to Ephesians 3:15-16, what attributes of the Heavenly Father and the Holy Spirit could help address those obstacles?
3. Read Ephesians 5:16-18. Why does Paul pray for inner, heart-oriented change versus external, circumstance-oriented change?
4. Where do we see the love of Christ most clearly and powerfully?
5. Read Ephesians 5:20. Pray together for God to help you believe and live according to this promise.