

# Jesus, A Greater Rest

Joshua 21:43-45, Psalm 107:1-32, Matthew 11:28-30

Mark Davis

Tuesday Morning Men's Bible Study

Park Cities Presbyterian Church

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## Joshua 21:43-45

<sup>43</sup> Thus the LORD gave to Israel all the land that he swore to give to their fathers. And they took possession of it, and they settled there. <sup>44</sup> And the LORD gave them rest on every side just as he had sworn to their fathers. Not one of all their enemies had withstood them, for the LORD had given all their enemies into their hands. <sup>45</sup> Not one word of all the good promises that the LORD had made to the house of Israel had failed; all came to pass.

## Psalm 107:1-32

Oh give thanks to the LORD, for he is good,  
for his steadfast love endures forever!

<sup>2</sup> Let the redeemed of the LORD say so,  
whom he has redeemed from trouble

<sup>3</sup> and gathered in from the lands,  
from the east and from the west,  
from the north and from the south.

<sup>4</sup> Some wandered in desert wastes,  
finding no way to a city to dwell in;

<sup>5</sup> hungry and thirsty,  
their soul fainted within them.

<sup>6</sup> ***Then they cried to the LORD in their trouble,  
and he delivered them from their distress.***

<sup>7</sup> He led them by a straight way  
till they reached a city to dwell in.

<sup>8</sup> ***Let them thank the LORD for his steadfast love,  
for his wondrous works to the children of man!***

<sup>9</sup> For he satisfies the longing soul,  
and the hungry soul he fills with good things.

<sup>10</sup> Some sat in darkness and in the shadow of death,  
prisoners in affliction and in irons,

<sup>11</sup> for they had rebelled against the words of God,  
and spurned the counsel of the Most High.

<sup>12</sup> So he bowed their hearts down with hard labor;  
they fell down, with none to help.

<sup>13</sup> ***Then they cried to the LORD in their trouble,  
and he delivered them from their distress.***

<sup>14</sup> He brought them out of darkness and the shadow of death,  
and burst their bonds apart.

<sup>15</sup> ***Let them thank the LORD for his steadfast love,  
for his wondrous works to the children of man!***

<sup>16</sup> For he shatters the doors of bronze  
and cuts in two the bars of iron.

<sup>17</sup> Some were fools through their sinful ways,  
 and because of their iniquities suffered affliction;  
<sup>18</sup> they loathed any kind of food,  
 and they drew near to the gates of death.  
<sup>19</sup> ***Then they cried to the LORD in their trouble,  
 and he delivered them from their distress.***  
<sup>20</sup> He sent out his word and healed them,  
 and delivered them from their destruction.  
<sup>21</sup> ***Let them thank the LORD for his steadfast love,  
 for his wondrous works to the children of man!***  
<sup>22</sup> And let them offer sacrifices of thanksgiving,  
 and tell of his deeds in songs of joy!  
<sup>23</sup> Some went down to the sea in ships,  
 doing business on the great waters;  
<sup>24</sup> they saw the deeds of the LORD,  
 his wondrous works in the deep.  
<sup>25</sup> For he commanded and raised the stormy wind,  
 which lifted up the waves of the sea.  
<sup>26</sup> They mounted up to heaven; they went down to the depths;  
 their courage melted away in their evil plight;  
<sup>27</sup> they reeled and staggered like drunken men  
 and were at their wits' end.  
<sup>28</sup> ***Then they cried to the LORD in their trouble,  
 and he delivered them from their distress.***  
<sup>29</sup> He made the storm be still,  
 and the waves of the sea were hushed.  
<sup>30</sup> Then they were glad that the waters were quiet,  
 and he brought them to their desired haven.  
<sup>31</sup> ***Let them thank the LORD for his steadfast love,  
 for his wondrous works to the children of man!***  
<sup>32</sup> Let them extol him in the congregation of the people,  
 and praise him in the assembly of the elders.

### Matthew 11:28-30

<sup>28</sup> Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.  
<sup>30</sup> For my yoke is easy, and my burden is light."

#### Table Discussion Questions:

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1. Describe your relationship with God right now as a boat on water. What kind of boat on what kind of water? (Have a few men share.)
2. Where in your life do you feel the greatest need for rest? Name it.
3. When you experience the distress of a storm in your life, what is your typical response?
4. What turn do you need to make in order to receive the rest Jesus offers?
5. What is Jesus offering you in His rest?
6. How does Jesus fulfill the promise of a greatest rest?