

From Lamentation to Hope to Joy

Psalm 13

Dan Doriani

Tuesday Morning Men's Bible Study

Park Cities Presbyterian Church

October 31, 2017

Psalm 13

- ¹ How long, O LORD? Will you forget me forever?
How long will you hide your face from me?
- ² How long must I take counsel in my soul
and have sorrow in my heart all the day?
How long shall my enemy be exalted over me?
- ³ Consider and answer me, O LORD my God;
alight up my eyes, lest I sleep the sleep of death,
- ⁴ Lest my enemy say, "I have prevailed over him,"
lest my foes rejoice because I am shaken.
- ⁵ But I have trusted in your steadfast love;
my heart shall rejoice in your salvation.
- ⁶ I will sing to the LORD,
because he has dealt bountifully with me.

Table Discussion Questions:

1. The examples of Don Draper and Ada Doom suggested that when sorrows come, some pretend "It never happened" and others let sorrows dominate their life for years. Which error is more common in our society? For you?
2. What is lamentation? When did you last spend time lamenting? Describe the experience?
3. The talk named things we do instead of lamenting: We can ignore problems, detach from them, minimize them, distract ourselves, become angry, pity ourselves, or become a *fixer*. Which is most common for you?
4. Describe the audacity of the questions asked in Psalm 13:1-2. Describe his plea in 13:3-4. What can you learn from the questions? The plea?
5. How did the mood of the Psalm change so radically at the end?

Challenge this Week:

Why are there 60 psalms of lament? Will you try to lament this week? The steps are: Address, Lament, Plea, Trust.