

Beginning the Journey: Delight and Discipline

Psalm 1

Chad Scruggs

Tuesday Morning Men's Bible Study

Park Cities Presbyterian Church

September 12, 2017

Psalm 1

¹Blessed is the man
who walks not in the counsel of the wicked,
nor stands in the way of sinners,
nor sits in the seat of scoffers;
²but his delight is in the law of the LORD,
and on his law he meditates day and night.

³He is like a tree
planted by streams of water
that yields its fruit in its season,
and its leaf does not wither.
In all that he does, he prospers.

⁴The wicked are not so,
but are like chaff that the wind drives away.

⁵Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;

⁶for the LORD knows the way of the righteous,
but the way of the wicked will perish.

Table Discussion Questions:

1. What are some reasons we need a guide for worshipping God?
2. Can you think of ways that we make a religion out of only pieces of the truth? Why is this dangerous to us and to others outside the faith?
3. What strikes you about the “blessed man” of Psalm 1? What is his delight? How does he guard and enjoy it?
4. When are spiritual disciplines (religious duties) most difficult to engage in? What should we do in those challenging moments/seasons?
5. Why is it important to read the Psalms with Jesus in mind? When has His grace proved a deep source of delight to you personally?