GET THE JOB

Find an Intense Life-Saving Job

While all jobs have the potential to offer exciting experiences, some occupations are built around adrenaline-pumping activities. If a nine-to-five office setting isn't your idea of a career, consider these high-intensity positions, as recommended by the United States Bureau of Labor Statistics.

POLICE OFFICER

Law officers are exposed to intense decisions, responsible for quick decision-making and find themselves in physically demanding situations. Traffic enforcement officers find themselves in scenarios ranging from routine traffic stops to high-speed chases.

The high-pressure position also lands professionals in unfamiliar surroundings like someone's home or an ominous location where they must seek a suspect.

To become a protector of peace, officers must graduate from their agency's training academy before completing a portion of on-the-job training. It is expected to add 37,500



more jobs by 2028.

EMERGENCY DISPATCHER

As a 911 dispatcher, you will be under pressure to keep callers calm when they face life-threatening emergency. Employees must be prepared to work around the clock as the call centers are available 24/7, 365 days per year.

Before landing a position in this stressful environment, most states require that its dispatchers have a high school diploma and, in some cases, a certification program.

Dispatchers must listen to a distressed person's situation and determine which type of responder is best suited to assist. The industry is expected to need another 5,500 experts

by 2028.

EMERGENCY MEDICAL TECHNICIAN

EMTs and paramedics are typically the first on the scene of an emergency. They are responsible for performing medical services and transporting patients to medical facilities. The situations they face can be extremely stressful

and sometimes involve lifeand-death results.

Experts in the field must complete a postsecondary education program. While all states require their EMTs and paramedics to become licensed, requirements can vary based on local municipalities.

The industry is expected to grow by 7% into 2028, which is faster than average and involves 18,700 new occupational opportunities.

EMERGENCY ROOM PHYSICIAN

The career of an ER physician generally occurs in an emergency room or urgent care facility. They are required to quickly assess a patient's condition, develop a treatment plan and oversee their recovery. Scenarios they encounter can vary dramatically but may range from severe cases like trauma and heart attacks or more moderate instances like minor bone breaks.

The BLS states that to become a doctor who tends to emergencies, physicians must obtain a bachelor's degree before attending medical school. Depending on their specialty, some experts are required to partake in internships or residency programs for three to seven years.

Physician positions are advancing at a rate of 7% and will result in about 55,400 new jobs by 2028.

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HOT JOB PROFILE

EMTS AND PARAMEDICS

Number of jobs in 2018: 262,100

Job outlook, 2018-28: 7% (faster than average)

Employment change, 2018-28: 18,700

The role: Emergency medical technicians (EMTs) and paramedics respond to emergency calls, performing medical services and transporting patients to medical facilities.

Source: U.S. Bureau of Labor Statistics

Education required: EMTs and paramedics typically complete a postsecondary educational program. All states require EMTs and paramedics to be licensed; requirements vary by state.

The need: Emergencies, such as car crashes, natural disasters and acts of violence will continue to require the skills of EMTs and paramedics.

AD SPACE